

## **Clear + Brilliant Laser: Pre and Post Instructions**

### **PRETREATMENT INSTRUCTIONS**

- Stop any topical medications 2 week before treatment: such as, retinoids, topical antibiotics, hydroquinone, exfoliants, and benzoyl peroxide
- Accutane should be stopped minimum 6 months prior to treatment
- Treatment area must be free of make-up, lotions, or ointments
  
- If you do have microblading Do let the nurse know
  
- If you are prone to cold sores, take an anti-viral medication prior to treatment. Clients with active cold sores may not be treated
  
- Avoid sun 2 weeks before and 2 weeks after treatment. Burned or peeling skin will not be treated
  
- If you wish to use the numbing cream, please arrive 45 minutes before your appointment to achieve the maximum effectiveness.
  
- You may not have treatment if you are pregnant or if you think you may be pregnant.
  
- No chemical peels, or skin resurfacing treatments on any areas that will be treated for a minimum of two weeks or until complete healing has occurred.
  
- Clients who have had Botox or dermal fillers in the area that will be treated, need to wait 14 days before treatment

### **DURING TREATMENT**

- Treatment time is approximately 30 min.
  
- You will feel a slight stinging, a heat sensation. This is normal and will subside 1-2 hours after treatment.

## POST TREATMENT

- Immediately after your treatment you will look and feel as though you have a moderate to severe sunburn. Your skin may feel warm, dry and slightly inflamed. This is normal and will subside after 24 to 48 hours. It can be covered with tinted sunscreen starting next day
- You will have a “sandpaper” sensation for 5-7 days. DO NOT rub, scrub, or exfoliate the skin for 7 days
- Wash the area twice a day with the gentle cleanser.
- Moisturizer recommended at least twice a day.
- Sun protection is critical. You should NOT have sun exposure; wear a broad-spectrum sunscreen with a minimum of SPF 30. This includes driving to work. Obviously, do not use a tanning salon.
- AVOID any kind of laser treatments, peels, waxing, the use of depilatories, microdermabrasion, or chemical peels for 2 weeks.
- For those who use bleaching cream prescription, you can restart using it, 2 days post treatment or when immediate redness subsides.
- We want you to have an outstanding result. If you have any questions or unexpected concerns, please call us at 818-662-5005 or email us at [info@newlookskincenter.com](mailto:info@newlookskincenter.com)